

DECATHLON				W50-54				GROUP 1					
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Current standard

NAME	NATION MEET PLACE	BORN MEET DATE	PTS.	100 -	DT 1.000	PV -	JT 500g	400 -	SH 80m	LJ -	SP -	HJ -	1.500 -
1 Geraldine Finegan	 IRL Stendal, GER	14.10.1965 26.05.2018	6 858	14.57 -0.3 789	20.30 399	2.10 459	28.30 614	66.34 828	13.79 -0.1 826	4.11 -0.5 601	10.46 740	1.36 806	5:53.1 796

DECATHLON				W50-54				GROUP 2					
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- Electronic timing without detecting wind conditions or manual time keeping.

NAME	NATION MEET PLACE	BORN MEET DATE	PTS.	100 -	DT 1.000	PV -	JT 500g	400 -	SH 80m	LJ	SP	HJ	1.500 -
1 Rita Hanscom	 USA Shorline, USA	11.05.1954 15.07.2006	6 757	14.02 877	24.35 500	2.50 656	22.83 477	70.49 681	14.73 686	4.43 715	9.25 639	1.39 855	6:16.3 671

Hallo Dieter,
nicht verzagen, B. fragen. Hier die Unterlagen für den Frauen-Zehnkampf.
Gruß Bernd

WOMEN Faktoren		MODEL 2010													
		Age factors for Masters Events													
		W35	W40	W45	W50	W55	W60	W65	W70	W75	W80	W85	W90	W95	W100
60m		,9890	,9538	,9186	,8834	,8482	,8130	,7778	,7386	,6940	,6410	,5750	,4898	,3776	,2417
60m H (indoor)		,9644	,9060	,8965	,8621	,8277	,7923	,7560	,7184	,6739	,6209	,5549	,4697	,3572	,2417
80m Hurdles		-	1,1834	1,0914	1,0964	1,0044	,9924	,9004	,8084	,7114	,5946	,4391	,2209	,1803	,1312
100m Hurdles		,9852	-	-	-	-	-	-	-	-	-	-	-	-	-
		,9852	,8932	,8012	,7092										
100m		,9900	,9548	,9196	,8844	,8492	,8140	,7788	,7396	,6950	,6420	,5760	,4908	,3786	,2706
200m		,9702	,9342	,8982	,8622	,8262	,7902	,7542	,7068	,6545	,5857	,4932	,3600	,2938	,1917
200m Hurdles									1,4794	1,3902	1,2510	,9724	,8943	,7856	,6012
300m Hurdles					1,2138	1,1388	1,0582	,9682	,8612	0,7220					
400m Hurdles		1,0000	,9338	,8568											
400m ^{*3)}		,9799	,9391	,8983	,8575	,8167	,7715	,7201	,6602	,5889	,5026	,3969	,2665	,2132	,1625
400m ^{*3)} Original Rehp.		,9799	,9391	,8983	,8575	,8167	,7715	,7201	,6602	,5889	,5026	,3969	,2665		
800m		,9951	,9537	,9123	,8709	,8295	,7848	,7342	,6752	,6053	,5220	,4228	,3052	,2554	,2007
1.500m ^{*3)}		,9872	,9457	,9042	,8627	,8212	,7759	,7242	,6635	,5912	,5047	,4014	,3140	,1999	,1698
1.500m ^{*3)} Original Rehp		,9872	,9457	,9042	,8627	,8212	,7759	,7242	,6635	,5912	,5047	,4014			
2000m St Ch		1,0000	,9582	,9164	,8746	,8316	,7862	,7358	,6754	,5966	,4902	,4089	,3211	,2417	,1668
3000m *		1,0000	,9572	,9144	,8716	,8276	,7803	,7276	,6669	,5952	,5090	,4047	,3506	,2225	,1768
5000m *		1,0000	,9775	,9150	,8725	,8300	,7848	,7353	,6797	,6160	,5420	,4553	,3495	,2219	,1768
10000m *		1,0000	,9589	,9160	,8740	,8320	,7874	,7382	,6822	,6169	,5394	,4464	,3670	,2470	,1768
3.000m * Original		1,0000	,9572	,9144	,8716	,8276	,7803	,7276	,6669	,5952	,5090	,4047			
5.000m*Rehpenning		1,0000	,9775	,9150	,8725	,8300	,7848	,7353	,6797	,6160	,5420	,4553			
10.000m *		1,0000	,9589	,9160	,8740	,8320	,7874	,7382	,6822	,6169	,5394	,4464			
High Jump		1,0512	1,1036	1,1614	1,2256	1,2973	1,3779	1,4708	1,5795	1,7094	1,8681	2,0673	2,3261	2,6766	3,2000
Pole Vault ^{*3)}		1,0820	1,1451	1,2159	1,2961	1,3877	1,4932	1,6160	1,7854	2,0333	2,4342	3,2020	4,8402	5,4547	6,0588
Long Jump		1,0500	1,1101	1,1776	1,2538	1,3405	1,4400	1,5557	1,6943	1,8695	2,1645	2,9154	3,2696	4,4235	7,5200
Triple Jump		1,0186	1,0780	1,1448	1,2204	1,3066	1,4060	1,5218	1,6781	1,9164	2,3391	3,2733	3,3532	4,4286	7,5610
Hammer	4,000kg	1,0942	1,1763	1,2717	1,3840										
	3,000kg	-	-	-	1,2838	1,3984	1,5353	1,7038	1,9160	2,1915	2,5634	3,0931	3,9077		
	2,000kg									1,8918	2,1630	2,5284	3,0478	3,8446	5,2219
This is correct!										52,85	46,23	39,55	32,81	26,01	

Giusy, here you have worked well.											6,62	6,68	6,74	6,80	
												6	6	6	
Hammer 2,000kg*										1,8324	2,0742	2,3894	2,8176	3,4328	4,3917
Original Rehpenning										54,57%	48,21%	41,85%	35,49%		
											-6,36%	-6,36%	-6,36%		
Shot Put	4,000kg	1,0368	1,1100	1,1943	1,2925	1,4082	1,5468	-	-	-	-	-	-	-	-
	3,000kg	-	-	-	1,2607	1,3706	1,5015	1,6600	1,8559	2,1043	2,4295	2,8735	3,5161	4,5289	6,3613
	2,000kg	-	-	-	-	-	-	-	-	1,8324	2,0742	2,3894	2,8176	3,4328	4,3917
Discus *2)	1,000kg	1,0368	1,1150	1,2058	1,3128	1,4407	1,5961	1,7927	2,0542	2,4254	3,0021	3,8895			
	0,750kg	-	-	-	-	-	-	-	-	2,1546	2,5220	3,0404	3,8270	5,1626	7,9302
Javelin	600g	1,0621	1,1475	1,2479	1,3676	1,5126	1,6920	1,9197	2,2202						
	500g	-	-	-	1,3147	1,4482	1,6118	1,8171	2,0992						
	400g	-	-	-	-	-	1,5408	1,7274	1,9654	2,2794	2,7129	3,3500	4,3782	6,3171	11,3370
Weight	9,080kg	1,0922	1,1852	1,2955	1,4283										
	7,260kg	-	-	-	1,1822	1,2918	1,4238								
	5,450kg	-	-	-	-	-	1,2108	1,3260	1,4667	1,6428	1,8712	2,1815	2,6308	3,3467	
	4,000kg									1,3955	1,5424	1,7304	1,9798	2,3272	2,8449

Dies ist die alte Faktoren-Bewertung - siehe Nadine O'Connor **10 234 pts.** / Ich bin auf 8 900 pts gekommen.

Women's Decathlon [Edit](#)

40-44	4949 pts.	Susan Wiemer	43	Shoreline, Washington	2009-Aug-15	USATF Masters Combined Events Championships [87]					
	100m	Discus	Pole vault	Javelin	400m	80H	Long jump	Shot put	High jump	1500m	
	14.51 +0.0	20.92m	2.30m	16.55m	1:10.56	16.20 -1.0	4.17m +0.1	8.81m	1.36m	5:56.76	
45-49	6122 pts.	Caryl Senn-Griffiths	1961-Nov-28	48	Joplin, Missouri	2010-Jun-19	[89]				
	100m	Discus	Pole vault	Javelin	400m	80H	Long jump	Shot put	High jump	1500m	
	14.19 +1.9	26.17m	2.20m	32.47m	1:09.54	13.82 +1.4	4.22m +0.2	8.65m	1.40m	6:03.05	
50-54	7327 pts.	Rita Hanscom	1954-May-11	52	Shoreline, Washington	2006-Jul-15	USATF Masters Combined Events Championships [90]				
	100m	Discus	Pole vault	Javelin	400m	80H	Long jump	Shot put	High jump	1500m	
	14.02	24.35m	2.50m	22.83m	1:10.49	14.73	4.43m	9.25m	1.39m	6:16.36	
55-59	8899 pts.	Rita Hanscom	1954-May-11	55	Shoreline, Washington	2009-Aug-15	USATF Masters Combined Events Championships [87]				
	100m	Discus	Pole vault	Javelin	400m	80H	Long jump	Shot put	High jump	1500m	
	13.94 -0.5	21.73m	2.70m	26.41m	1:10.01	13.94 -0.4	4.67m +0.7	9.34m	1.36m	5:56.97	
60-64	8464 pts.	Nadine O'Connor	1942-Mar-05	64	Shoreline, Washington	2006-Jul-15	USATF Masters Combined Events Championships [91]				
	100m	Discus	Pole vault	Javelin	400m	80H	Long jump	Shot put	High jump	1500m	
	14.29	15.14m	3.00m	15.72m	1:13.95	15.11	4.35m	7.19m	1.21m	7:26.69	
65-69	10234 pts.	Nadine O'Connor	1942-Mar-05	67	Shoreline, Washington	2009-Aug-15	USATF Masters Combined Events Championships [87]				
	100m	Discus	Pole vault	Javelin	400m	80H	Long jump	Shot put	High jump	1500m	
	14.70 -0.5	21.73m	3.05m	18.15m	1:19.28	19.34 -0.4	4.23m +1.0	7.87m	1.27m	7:35.18	

ZEHNKAMPF FRAUEN

JOPLIN 19 JUN 2010

Zehnkampf-Ergebnisse

Reihenfolge >	Punkte	100	DT	PV	JT	400	Tag 1	100H	LJ	SP	HJ	1500
W45												
Senn - Griffiths, Caryl		14,19	26.17m	2,20 m	32.47m	69,54		13,82	4.22m	8.65m	1.40m	6:03.05
Ungebunden		W : 1.9						W : 1.4	W : 0.2			
W45	6.312	(761)	(492)	(441)	(677)	(604)	2975	(830)	(548)	(551)	(759)	(459)
W50												
Overstake , Claire		15,83	15.78m	1.90m	21.14m	1:27.72		16,94	2.76m	7,04 Mio	1,19 m	9:03.10
Ungebunden		W : 1.9						W : 1.4	w : +0.0			
W50	3.630	(604)	(291)	(386)	(435)	(214)	1912	(430)	(192)	(456)	(566)	(0)
W55												
Glynn , Kay	14,38	19.82m	2.90m	22.97m	1:22.03	15,69	4.38m	8.48m	1.40m	8:06.57		
Ungebunden		W : 1.9						W : 1.4	w : +0.0			
W55	6.786	(911)	(435)	(983)	(538)	(445)	3312	(744)	(810)	(636)	(991)	(42)
W60												
Trotto , Mary		18,66	14.53m	1,20 m	18.46m	01.53.31		DNF	2.43m	6.61m	1.01m	8:45.69
Ungebunden		W : 1.9							W : 0.1			

W60

2617

W65 - siehe Urkunde

DOCUMENTO DI MEMORIA

Meeting in Shoreline - USATF 2009



Document



Nadine O'Connor

USA 

W65

Decathlon

8 979 pts

World Record

	KEN
	KOR
	LAT
	LIE
	LUX
	LTU
	MEX
	MOR
	NAM
	NED
	NOR
	NZL
	PER
	POL
	POR
	PHI
	PUR
	RSA
	ROM
	RUS
	SCG
	SEN
	SIN
	SLO
	SRI
	SUI
	SVK
	SWE
	UKR
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	GRE
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	HUN
	IND
	IRL
	ISL
	ITA
	JAM
	JPN
	KAZ
	KSA

14,70 - 4,23 - 7,87 - 1,27 - 1:19,78 - 14,80 - 21,73 - 3,05 - 18,15 - 7:35,18
5:15.16



Shoreline -- 15 Aug 2009